

BERNnet, Bern's English Resource Network, presents a series of **networking apéros** highlighting topics of interest to expats and helping international and Swiss business people meet up.

Thursday, April 27, 2017, 19.00:

Relationships: Understanding Your Personality Type

Patricia Skar, Jungian psychoanalyst and musician

www.patriciaskar.com



Sometimes we feel strongly attracted toward someone but at the same time have difficulty communicating with them. This may be because we are of opposite personality types. This talk will give a brief overview of Swiss psychologist Carl Jung's theory of psychological types, and explain how a better understanding of our own unique combination of extraversion/introversion, thinking, feeling, sensation and intuition can enhance our ability to solve conflicts and build good relationships.

Patricia Skar, BMus, MFA, Dipl. Analytical Psych., C. G. Jung Institute Zurich, is a Jungian psychoanalyst in private practice in Thun and Zurich. She has over 25 years' experience practising Jungian analysis in Ireland, England and Switzerland. Earlier Patricia was a performer and teacher of piano and violin, and continues to be active as a musician. She has lectured widely in a variety of clinical and academic settings, including Trinity College Dublin and Oxford University. Her published articles focus on the relationship between music and analytic processes and the connections between Jungian psychology and the new sciences.

Please pre-register at bernnetworking@gmail.com

Free admission; collection afterwards.

All the networking events take place at
Bruder Klaus Church, Ostring 1A, 3006 Bern.

Parking is very limited; we recommend you use public transportation.

Tram no. 7 to Burgernziel stop.

<http://bernnetwork.ch/>